



## Float Test Form

Required for participation in all SRC programs

What is a float test?

In deep water, while wearing long pants and a long sleeve shirt you must float, tread water, or swim in place for ten minutes. IN the final minute of the test you must put on a life vest while continuing to tread water.

Complete the following:

NAME \_\_\_\_\_

Date of birth \_\_\_\_\_

Address \_\_\_\_\_

Go to your local pool during a public swim, have the lifeguard administer the test and fill out the section below

\*\*\*\*\*for pool use only \*\*\*\*\*

The above named person has successfully passed a float test as required for participation

Pool \_\_\_\_\_

Date: \_\_\_\_\_

Lifeguard name printed \_\_\_\_\_

Lifeguard signature: \_\_\_\_\_

Return the filled out form to Carol Nagy at SRC.

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